



News
January 2012

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"Like us" in the month of January and you could be the lucky winner of a **free 1 hour Kinesiology Balance** with Carol.



Book Now
REIKI 1

28th / 29th January:

Be empowered & in control of your own health & wellbeing as you learn to use Reiki to heal yourself, your family & even your pets! This is a certificate course that covers the attunements, the chakras, how to give a treatment & more...

Welcome to the **January** edition of **Experience News**; the first for what will be a spectacular year.

Happy new year every one and I trust that you all enjoyed the Christmas break.

Did you take advantage of the new year?

I love the new year break as I find it is an opportunity for me to take stock of all areas of my life; reflect on what worked; what didn't and what were the lessons in those experiences for me.

Early to mid-January is a great opportunity for us to harness the new energy and to set our goals; and more powerfully - our *intentions* for the next 12 months.

I took some much needed and appreciated time out on my family's rural property in Tasmania. The land is amazing; it's restorative and regenerative energies were incredible to feel. What I reflected on was the importance of taking time out - down time if you like, to focus inwards; to get a feel for the internal landscape. Our external environment is a reflection of what is happening internally. I trust that you too are taking time out, avoiding distractions of people and places and really tuning in to your heart.

Message of hope and love for 2012.

Whilst walking the 5 acres of land, I was fortunate to capture some amazing energy phenomenon called orbs. These orbs were connected to the land and I was privileged to receive this message regarding 2012: "This is the year that will connect heaven and earth through pure unconditional love".



Throughout 2012 many will be focussed on the astronomical alignment of earth with the Pleiades central sun Alcyone; an event that occurs once every 126,000 years! This event will happen in December 2012 according to Mayan prophecies and many deem it to be the end of the world.

I believe that it will mark a phasing in of a new way of being and the old way will be phased out. The universe is made up of many cycles and it is my belief that we are now moving back to the circle, the tribe where all are considered

Practitioner Times:

Reiki:

Mondays - 10am - 3pm
Tues / Wed 2pm till 6pm
Thursdays 2pm till 9pm
Friday / Sat 10am till pm

Oil Massage & Raynor Massage:

By Appointment
Tuesday, Thursday,
Saturday

Shiatsu:

Tues / Wed 2pm till 6pm
Thursdays 2pm till 9pm
Fri / Sat 10am till 5pm

Past Life Regressions:

By appointment -
Tuesday till Saturday

Counselling / clinical hypnotherapy/ Virtual Gastric Band / Hypno Birthing:

Wednesdays 10am - 9pm

Readings:

By appointment Monday -
Saturday; Day & Night
Appointments avail.

Kinesiology

Thursday 11am - 8pm
Saturday 10am -5pm.

Birth Chart Readings:

Every Tuesdays
10am till 6pm

Naturopathy / Homeopathy:

Fridays by appointment

and all have an equal voice. It is the age of win-win, collaboration; compassion and caring for all species in the environment. The old energies of dog-eat-dog; win at all costs; power structures and hierarchy will dissolve as we cannot continue to survive in that way. I am looking forward to this new era.

New Year – New You!



Many people use the new year to start on a personal development program. I am very excited to announce some new courses that are on offer this year. If you haven't already been on our website; then please do so and go to the "classes/workshops" tab; we are currently taking registrations.

Until next time, Bright blessings, Joanna ☺

Upcoming 2012 Courses:

Reiki 1 • Reiki 2 • Meditation • Chakras • Crystals • Kidz • Astrology

Visit the [classes / workshops](#) pages for further details and to see course details and dates for 2011 on my website at www.experiencehealing.com.au.

Healing with your Chakras, 4th Feb – 31st Mar. Each major chakra will be covered in detail; identifying imbalances & how to correct them for optimum health and wellbeing. You will be empowered with skills to re-align these chakras as you progress through each chakra on your healing journey.

Crystal Discovery Workshop 4th Feb, 2-4pm. Imagine your delight as you create your own crystal bracelet as you learn to select, clear, charge and use crystals.

Spiritual Kids Classes 8th Feb – 23rd Mar. Are you a parent of a special child? Does your child love crystals, talks to "imaginary friends" or is interested in Angels. Not sure on how to answer your aware child, then come along with your child to learn techniques and explore spiritual topics in a fun, interactive hands on environment.

Spiritual Master Class 14th April – 2nd June. Have you ever wondered about spirituality? Wondered about the 12 spiritual laws and how you can use them in your day to day life? What is karma and how does it work? Do past lives exist? Where does our spirit go when our physical body dies? Then this discussion based class is for you.....